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Recognizing the Real

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Recognizing the *Real*

Presented by: Brooke Searight

Fall 2015

The *Men*

Cited from: Men Really Do See Half Naked Women as 'objects', Scientists Claim -RUBBISH

Recently research is found and presented by Susan Fiske, professor of psychology at Princeton University, that in men, the brain areas associated with handling tools and the intention to perform actions light up when viewing images of women. Later it's explained that men remembered the pictures of women bodies in bikinis than fully clothed. In addition, men associated action verbs such as I push, handle and grab instead of the women's tense such as she pushes, handles and grabs. This corresponds with the idea that men looking at women in bikini see her as an object of action.



“Men have as much as 20 times more testosterone in their systems than do women. This makes men typically more aggressive, dominant and more narrowly focused on the physical aspects of sex.”

Cited from: Men See Bikini-clad Women as Objects, Psychologists Say

Cited from: The Difference Between the Male and Female Brain

The *Objectification*

Three Things Women Do Not Understand About Men and Sex

1. Men Don't just WANT Sex, they NEED sex.
2. Men think about having sex with every woman they meet.
3. Sex is a job that men enjoy and strive to succeed at.

Cited from: Ten Things Women Don't Know About Men and Sex

57% of rock music videos portray women as a sex object, a victim, as unintelligent, or in a condescending way

Cited from: Pinterest

Objectification

"Everyday, ordinary women are being reduced to their sexual body parts," said study author Sarah Gervais, a psychologist at the University of Nebraska, Lincoln. "This isn't just something that supermodels or porn stars have to deal with."

57%

of rock music videos portray women as a sex object, a victim, as unintelligent, or in a condescending way.

57%

of women are targeted for workplace bullying.

Only 2%
of women think they are beautiful.

Women are routinely degraded
in everything from pop culture
to casual conversations.

90%

of all women want to change
at least one aspect of their
physical appearance.

81%

of 10 year old girls
are afraid of being fat.

Women make
up 51% of the
population,

but hold just 16% of the
seats in Congress.

Women are devalued in
the workplace, making
only 76% of their male
peer' salaries.



Every

15 seconds
a woman is battered.

1 out of 4 college-age
women have an eating
disorder.



The *Media*

The media is projecting an **unrealistic** idea of what the female body should look like and presenting this as the norm for women's figures. Not everyone can look like a Victoria secret angel or size 0 model. What kind of message is this showing to women and men? This is a factor to why men see women as **sexual objects** because the only women who receive publicity are those with a skinny tummy and ultra-thin waist.

Cited from: Convention Wisdom: Women Over 50 Stop Caring About How They Look



Women are thinking their bodies are not 'beautiful.' What does being beautiful mean? The online site **Urban dictionary** define beautiful in such an outstanding way. The post reads:

Beautiful is a woman who has a distinctive personality, one who can laugh at anything, including themselves, who is especially kind and caring to others. She is a woman who above all else knows the value of having fun, and not taking life too seriously. She is a woman that you can trust and count on to brighten your day. She is a woman who can inexplicably make you feel really good just by being around her, and yet brings such great sadness when she is gone.

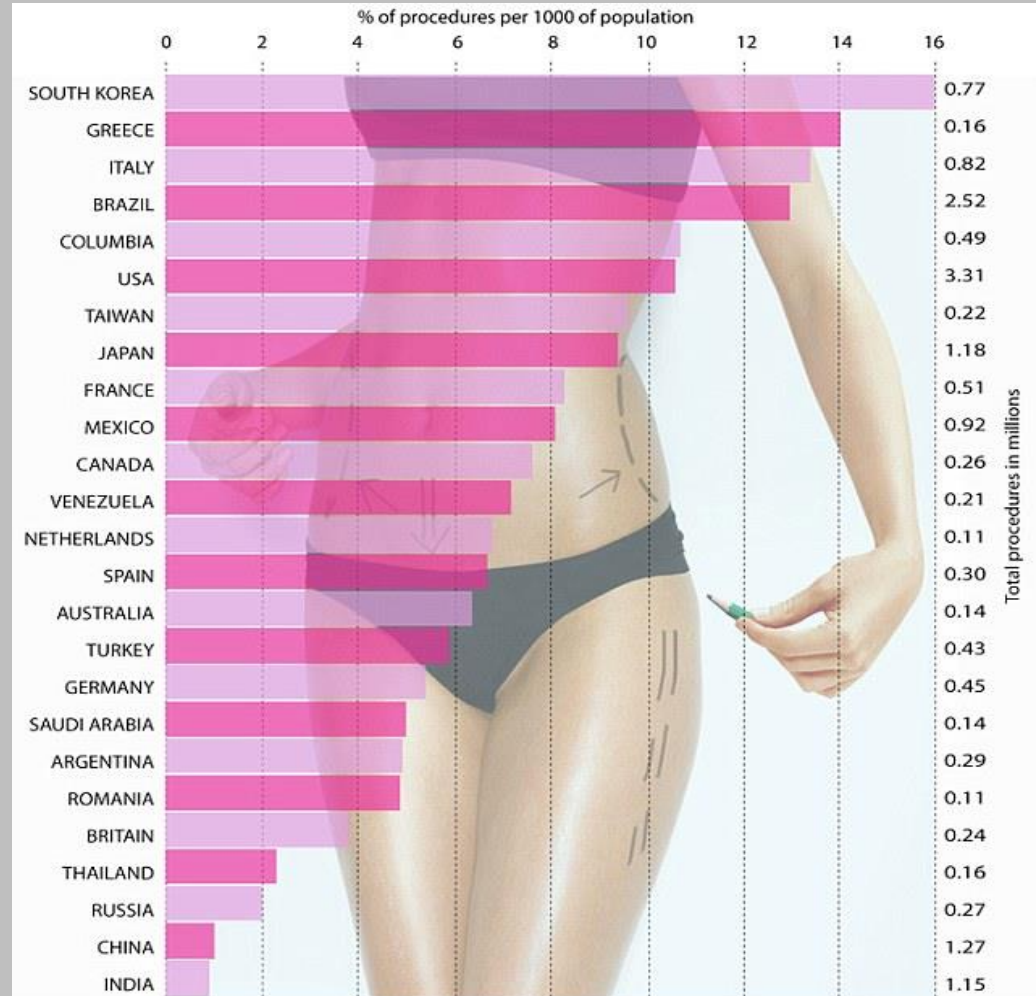
The *Media*

“The social comparison theory offers some level of explanation of how **media** imagines actually come to **impact** the way women **feel** about their bodies.”

Cited from: *The Myriad: Westminster's Interactive Academic Journal.*

“**One** is five women said they are actively planning or considering plastic surgery with seven percent having pursued it in the past.” **Statistic from February 2015**

Cited from: One in 5 American Women Actively considering Plastic Surgery



Cited from: One in Five Women in Seoul Have Gone under the Knife as South Korea Tops Global List of Plastic Surgery Procedures.



Cited from: Body Diversity Is Really A Thing + How It Can Help You Feel Better About Your Body.

Beauty is within, not what holds it inside.

The *Real*

IN THE MEDIA, MOST OF THE PICTURES ARE PHOTO SHOPPED TO LOOK LIKE WHAT THE IDEAL FEMALE'S BODY SHOULD LOOK LIKE. ALL WOMEN AND MEN SHOULD RECOGNIZE THE **REAL** FEMALE BODY. REAL WOMEN HAVE CURVES WHETHER IT IS A SLIM CURVE OR A BIG CURVE.

The women below are 'giving the finger' to Photoshop as they stand before the camera to show the world their **real** bodies.



Real women have curves.
Real women are confident.
Real women are natural.

Cited from: Feminists of All Ages Strip down to Their Underwear and 'give Photoshop the Finger' as They Celebrate the Fact That 'real' Women Come in All Shapes and Sizes

