Journalist 2007

University of Washington - Tacoma Campus
Moscow State University

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Putting together the geopolitical puzzle ... and more

Moscow State University teams up with Ledger for international journalism project

Also in this issue of the Ledger:

- UWT Prof's unique look at MLK
  - page 4
- How the Zune stacks up
  - page 11
Black Panther keeps revolutionary spirit alive at UWT

By Ashley Herod
Contributing Writer

As he sits in the conference room of Tully's, he opens his briefcase with his weathered hands and pulls out an old picture of his years in the BPP. Young men lined in front of the Alameda Court House wearing black berets, sunglasses and leather jackets. He stands military style, in front, straight-faced. The picture was taken in 1968. Almost 40 years later he sits in the coffee shop laughing as he recalls his days of revolution.

"I was revolutionary, militant, but not violent," said Louis St. Cyr, who now spends his time mentoring students in the Black Student Union (BSU) at UWT.

"He shares his experiences in developmental organization practices, and he encourages us. He goes above and beyond the call of duty for the BSU," said Chana Lawson, Vice President of the BSU.

Cyr's adventure began in the mid-1960's at age 16 when he walked past a BPP meeting. It was about the political issues of 1967. Interested, Cyr walked in.

"Once I stuck my head in the door I never turned back," he said.

Cyr became one of the original members of the San Francisco chapter of the BPP. He continued to educate himself on the political issues of the time and sold the BPP newspaper while patrolling in the black community. According to Cyr the BPP was misunderstood by the black community until it set up programs like the breakfast program, free clinics, and other community outreachs.

"The truth was hidden for years. We hold the truth," he said.

Now in retirement Cyr spends his time speaking to colleges and universities about racism and the importance of creating a sense of community. He believes he has a responsibility to continue to live out the legacy of the BPP.

"Education is no good unless you pass it on," he said.

According to Cyr, the fight for feeding the hungry, providing safe housing and appropriate healthcare is not finished.

"These are the same principles we were fighting for 40 years ago," he said.

Cyr now works with the BSU by providing wisdom to its board members. The mission of the BSU is to encourage diversity on campus and in the community.

According to Cyr, "People need to come to understand different races and nations and come together and become one race."

In the small conference room in Tully's, Cyr shows the picture of himself and others in front of the Alameda Court House. He described the "Free Huey" rally as intense, but highly organized. His eyes lit up as if being taken back to a revolutionary time, flat in the air he yelled "Free Huey off the pig, free Huey off the pig." Then, laughing, he returns back to the present folding his black hands on the table. Cyr is still a member of the BPP.

"I'm not a criminal; I'm not a thug, although I may be listed with the CIA."

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In conjunction with an exchange program facilitated through Moscow State University and UWT, the Ledger had the honor of hosting for this issue, five Russian students.

The moment the Russian students stepped through the door, a worldly experience was about to explode. In their eyes the decades of cultural and political acumen poured across the room filling the meager Ledger office with an atmosphere of anticipation and hope. It was a moment reminiscent of the fall of the East German wall. A time to open the doors of diplomacy and demonstrate the global bonds we all share.

Our Russian guests brought with them tales of political intrigue, assassinations, conspiracies and social reform. We shared our mutual knowledge of politics and fashion over bowls of borscht and cups of Russian tea. We danced together to tunes from Wham to Cat Stevens. They explored the University of Washington, astounding at the convenience of an all-inclusive marketplace. We thrilled to their fascinating observations of the mundane aspects of American life.

Then after their brief week-long stay we compiled for you this outstanding compendium. We want to hear from you that the reason of such tractability of the American president was the tasty dinner he had in Moscow the day before.

On November 7th the Texas Cowboys lost the final round in the Championship of America with the score of 49 to 51. In Soviet times, in a twist of fate, the main Russian holiday was celebrated on that day - the anniversary of the Great October Socialist revolution or, as they still call it, the Red day of a calendar. Don't ask why we remembered October events in November, but 25th October 1917 was the date when communists came to power. You don't need to know Russian history to understand what has happened to our country after that day. The influential Russian weekly journal "Igroi" has named the article about the elections "The Blue Day of a Calendar" - it seems that an already cancelled Russian holiday is now suitable for America - as the Day of the Great November Democratic revolution. Someone will name it bloodless, though it's obvious that it has not done without victims - the main Iraq agressor.

Mr. Bush couldn't even wait to come to Haiti - so strongly it was desirable for him to explain in love to president Putin. After the "political referring" of the president's plane at Moscow governmental airport Vnukovo-2, the personal Boeing took an absolutely different George Bush to the Asia-Pacific economic summit in the capital of Vietnam. Bush was the one who signed the bilateral report on the introduction of the Russian Federation into WTO with great pleasure. His "Russian friend" Mr. Putin was probably feeling the same. And personally I doubt that the reason of such tractability of the American president was the tasty dinner he had in Moscow the day before.

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UWT professor chronicles 'turning point' of MLK, civil rights movement in new book

By Nick Przybycieł
Ledger Writer

Dr. Michael Honey's new book is fit for a king — literally.

In "Going Down Jericho Road: The Memphis Strike, King's Last Campaign," the University of Washington Tacoma professor chronicles Martin Luther King Jr.'s final days along with a never-before-told side of the civil rights movement. By focusing on the interconnection of labor issues and civil rights issues, Honey navigates uncharted historical waters where he highlights the Memphis strike's prominence in the movement for social justice.

The Ledger's Nick Przybycieł caught up with Honey for a few minutes to discuss his new book, as well as his role as an activist in the civil rights movement. If you're interested in reading more on the subject, "Going Down Jericho Road" will be available for sale Jan. 15, which is fittingly Martin Luther King Jr. Day.

What type of approach did you use to write the book?

The approach I took for the book was to try and see this historical event from the perspective of both King, as someone who came into Memphis to support the movement, and most importantly to get the perspective of the workers who started the movement in Memphis. So, it's not that King came in and started anything; this was a movement started by black workers who went on strike because their conditions were intolerable...On the one hand it was a strike for union and union rights, but union rights for them meant citizenship and to be treated in a human way. And that's basically the story. It's a reflection of the same issues of today. If you're wasting your money on wars of aggression and occupation, you should be using that money to solve the problem of poverty and then you wouldn't need to have wars.

Which way did the movement turn at this point?

Well, in some ways in 1968 the movement was sort of at its high point and you can say the Memphis Strike merged labor issues with civil rights issues. By that do you mean they haven't been furthered at all? Well, we've gone further in some ways, but we're also going backwards in some ways.

As far as writing the book, was it more difficult to glean the anecdotes from the people or narrowing down the scope that King would play in the book? It was very hard to figure out how to tell two different stories at once. One is the story of King as a union supporter, which hardly anyone has told that story. You don't think of King as a union person, but he was, and he died in the battle to have a union for poor workers. So it's a story about King and the workers, and the story of the workers is a very complex story. And then on top of that is Memphis and all of the things going on in Memphis at the time - the whole black community got involved in this. It wasn't just a strike of 1,300 garbage workers, it was a battle between the black community and unions on one side and the old ruling elite on the other.

Where were you in 1968?

I was in Michigan and I was a college student. I participated in the poor people's campaign by going to Washington D.C. after King was murdered. The next year I graduated from college and I was drafted to go to the Vietnam War.

Did you go?

Nope. I was a conscientious objector, so I went down South and my two years of my alternative service was working for the civil rights movement. But then I extended and was down there for six years total — that's really where I learned so much about the South and race relations. And then I went to graduate school at Howard University after that.

Is this book an activist's account or a historian's account?

It's a historian's account. How did you turn off the activist side of your brain?

I don't turn off the activist side — I never turn off the activist side [laugh]. In the introduction I say that your social commitments — your personal commitments — to a better world can enhance your scholarly commitment. And I don't see any contradiction there...People often think that history is some sort of search for the objective truth, where it's actually history is like anything else — the way people understand things at a given moment. The way I understand things now is different than I did 40 years ago.
**THE LOW-DOWN ON CAMPUS EVENTS**

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**Monday, January 15**
- 8:30 a.m.
- GWP Atrium

**Tuesday, January 16**
- 8 - 5 p.m.
- SAB presents Cascade Regional Blood Services as they conduct their quarterly blood drive.

**Wednesday, January 17**
- 12:45 - 1:45 p.m.
- Carwein Aud.

**Thursday, January 18**
- 12:50 - 1:40 p.m.
- MAT 106

**Saturday, January 20**
- 5 - 10 p.m.
- Pinkerton 130

**Contact:**
- UW Tacoma Office of Advancement at: 253.692.4613 or advance@u.washington.edu
- http://www.tacoma.washington.edu/diversity/unit/

**Jan. 19 - 21**

**Whistler Ski Trip**
Join fellow UWT students on a Whistler Ski trip hosted by Destination Snow. The trip will take place January 19 - 21. $275 gets you two nights hotel stay Whistler Village, lift ticket and deluxe bus transportation from campus to Whistler.

For more information contact Mark Paul (krarnluap@u.washington.edu, or 253-472-7260).

**Jan. 23 - 24**

**Comedy at UWT**
Two free shows for UWT students. Mission IMPROVable Comedy Team performs Jan. 23 from noon to 2 p.m. in the uWTPost. Spank performs Jan. 24 from noon to 2 p.m. in the uWTPost.

For more information contact Kiko Salas (salasf@u.washington.edu, or 253-692-4684).

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**Barks & Growls**

- **Bark to:**
  - Not losing power this stormy weekend.
  - The SAB for making me feel welcome this quarter.
  - The nice person(s) who donated pizza to the people waiting for school to open back up after the gas leak.

- **Growl to:**
  - The people who lit cigarettes during the evacuation for the gas leak!
  - To SUV drivers, industries and polluters for increasing global warming.
  - Having to buy six books for a single class. Are you kidding me?

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Who was she?

Some consider slain Russian journalist a martyr, others a traitor. Either way, Masha Krupnova reveals that Anna Politkovskaya was a hero.

During her work for the newspaper, Anna wrote more than 500 articles and each one touched on someone's corruption or criminal interests. Nearly 50 articles were put in criminal cases for which Anna had to be a witness. The goal of the investigation commission now is to concentrate on the main motives and liquidate all the collateral. It is evident the editorial staff of "Novaya gazeta" won't announce their versions. However, they say some results exist even now. The shareholders of that newspaper have announced a reward — 25 million rubles (equal to 1 million dollars) — for information about the clients and killers of Anna Politkovskaya.

Anna Politkovskaya came to the "Novaya gazeta" in summer 1999, just in time for the beginning of the second Chechen campaign. During that time, she actually saved some of the defenseless citizens - the aged and insane people from Grozny. It was the end of autumn and the federal army circled Grozny and began to shell and machine-gun the city. Russian Military Government declared that there were no civilians disappeared under strange circumstances. The only thing is evident they wanted to kill a "longer-tongued" journalist.

The reason was, she exposed the secret operations during which Chechen civilian people had been kidnapped and killed by officers of the special military services of Russia. It is evident they wanted to kill a "longer-tongued" journalist. The general of the FSB (Federal Service of Security) Shabalkin, each time he met Anna, exclaimed: "Well! They haven't killed you yet!"

In Östober, 2002, when the terrorists captured the Dubrovka theatre center, Anna was the one who received permission from the terrorists to bring water to the hostages. She was the person with whom they wanted to negotiate.

In September, 2004, she was poisoned while investigating the case. The results of the experts have disappeared under strange circumstances. The only thing is evident was that two FSB officials were on her flight - they by no doubts fulfilled their order.

Vyatcheslav Izmaylov, a military observer of "Novaya gazeta", is convinced Anna was killed by those who were afraid of her disclosures, who knew she was incorruptible and could be stopped only by a bullet.

There are two types of countries. In the first type a political journalist could be killed on the porch, in the second type - never. We can't imagine Bob Woodward being killed on his porch, despite unraveling the Watergate case. Even by aggressively pursuing one of the most devious presidents in history, Richard Nixon, the president never intimidated Woodward with violence.

He still criticizes the current administration's policies, but he will be safe. Bush, who is criticized daily by outspoken journalists like Woodward, pronounced words of sympathy after the death of Anna Politkovskaya. Meanwhile, Putin — the president of a country where journalists are killed often — was not talkative on this theme at all. He congratulated Angela's President with 30 years anniversary of the pact of friendship, congratulated a famous Russian actor and criticized nuclear tests in Korea.

Last Thursday when I walked in Tverskaya Street I saw a little demonstration on the Pushkin Square. It was dedicated to the death of Anna Politkovskaya. Among the posters in the arms of the people I saw two which my opinion said the truth: "The real daughter of Russia." "The real conscience of Russia." The posters showed Anna's portrait.

Now the conscience of Russia has been killed. What to do? The answer is to investigate her death. But those who investigate are not safe in Russia. Alexander Litvinenko — a former lieutenant-colonel of FSB, who was believed to give the editorial staff of "Novaya gazeta" information about Anna's death, was poisoned. No one can say now why or by whom.
Ledger

January 11, 2007

Accent

By Tatiana Fedorova

Nazi Threat in Russia

A new scare to the stability of Russian society

By Diana Kulichitskaya

Flashmobbing movement takes Russia by storm

Creating controlled chaos is form of connecting, bonding for new subculture
Last year I had the pleasure of art museum-hopping in Russia with Moscow State University student Masha Krupnova. Being sadly inept when it comes to most things art, it was a rare treat to have such a brilliant guide to explain the nuances of the museum’s standing exhibits featuring American ethnic and folk art. I figured it would be enlightening to have someone from a different cultural mindset point out the significance of artwork that I take for granted due to living daily in a Western paradigm.

So with a pair of fresh eyes and a brilliant mind in tow, I set out to rediscover some amazing art that is in our own backyard. After all, the best thing to break you out of the grass-is-greener mindset is a fresh perspective.

With that in mind, Masha’s review of the artwork on display day at the TAM follows. Hopefully, it will provide you with the same antidote to aesthetic weariness as it did for me.

-Nick Przybycel

By Masha Krupnova
MSU

So I am lucky - lucky to have been able to visit Tacoma, and personally very lucky to have visited the Tacoma Art Museum (TAM). Last spring I was a guide for Chris, Melinda and Nick from the University of Washington Tacoma when they went to the Tretyakov Gallery in Moscow. These days, Nick and his friends, Ray, Arden and Todd were my guides at the TAM.

Nick smiles and tells me he understands nothing about art. Actually it is not true. He presents to me a book designed by Eric Carle, whose works are exposed now in the museum. It is "The Very Hungry Caterpillar" - his famous children's book. I am also a fan of books for kids and this book really impressed me - so colorful, so emotional, and so exciting. Just for a kid to learn while reading and while watching. Eric Carle is not a kid now, but still thinks as a kid.

The artist takes great care in how he uses the special space to develop the ideas and images of his stories. "The Very Hungry Caterpillar" and his other books are distinctive and ground breaking because they combine bold graphic images and intuitive awareness of the thinking and needs of children.

Carle's technique is not typi-
Review: Another view of Borat

Olga Kuracheva

The movie “Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan”, or just “Borat”, caused quite different reactions all over the world. Many people felt hurt or want to criticize this movie; but most want to watch it. Anyway, it doesn’t cost to forget that this movie is just product of its author’s fantasy and has nothing in common with reality.

It’s not a documentation. It’s just a comedy. Borat Sagdiyev is a fictional Kazakh journalist invented by British comic actor Sacha Baron Cohen. He travels around the “U.S. and A.” collecting information about the country to show it to people in Kazakhstan. He meets filmmakers, politicians and students; then coerces them into answering provocative questions. All these people believe he is an actual Kazakh journalist who has no idea what the USA is. This prankster shocks everybody, with his misunderstanding of reality. He appears to be a real savage, and “his country” seems to be a country of barbarians.

But really, the “Kazakhstan” represented in the film has nothing in common with the actual country. All this is just part of Cohen’s joke. There are few real actors in the movie. Nearly all scenes were unscripted and the characters are ordinary people. By the way, these ordinary people weren’t glad to become actors accidentally. The scenes showing Borat’s home village were filmed not in Kazakhstan, but in one Romanian Gipsy village.

The Kazakh language is not spoken in the film, and the people from the so-called “Borat’s village” are speaking Romanian. When Borat and Azamat, his producer, speak to each other, Borat speaks Hebrew, Azamat speaks Armenian. Sometimes Borat uses some phrases from different Slavic languages: yaku se ma? ("how are you?" in Czech) and deen dobriy ("good afternoon" in Polish). The Cyrillic inscriptions used in film are either geographical names written with mistakes or just random Cyrillic characters. Soundtrack is a mix of Balkan and Gipsy music. At the end of the film there is a person against the background of the Kazakh flag. Is it Kazakhstan’s president Nursultan Nazarbayev? No. The person is Azerbaijan’s president Ilham Aliyev.

Besides the people of Kazakhstan, who accuse Sacha Baron Cohen of creating an unreal country, where racism and sexism reign, there are many others that are offended by the movie. For example, Romanian Gypsies, who claim that they were lied to about his motives claiming they were told it was a documentary, not a feature film, similarly the Gypsies felt they were not paid for their participation. Representatives of the 20th Century Fox Company declare that they have never said it was a documentary and that they paid enough. Likewise, two American students who appeared in the film claim they were given alcohol and coerced into the film, consequently they claim their reputation has suffered.

The Kazakh people headed by president Nursultan Nazarbayev demonstrated their indignation, by promising to condemn Cohen, and closed the site (now you can find Borat on www.borat.tv).

Cinema department of Russian Culture Ministry can’t ban anything. However, it has recommended to distributors to refrain from showing “Borat”, calling it a politically incorrect movie. As a result we don’t have an opportunity to see the film at cinemas in our country. Why was the reaction so? Some people perceive this film as something real or as a parody. But it’s not a documentary, it’s not a parody, it’s just Cohen’s fantasy.

In my opinion, Borat and the invented Kazakhstan can’t be compared with Mohammed caricatures, published in Danish newspapers. “Borat” doesn’t claim to be a documentary. I don’t believe Cohen wanted to harm Kazakhstan, and he didn’t mean anything substantial. He just wanted to make us laugh, which we really did. There is nothing wrong with wanting to make people laugh.
Restaurant Review: Cheremosh serves your babushka's borscht

Cheremosh European Cafe boast good food, but lacks a truly Russian-Ukrainian atmosphere

Tatiana Fedorova
MSU

Have you ever desired to have a bite of your national spirit while you're abroad? It's really exciting to find an oasis of your own culture halfway around the world. We were lucky to have such a chance.

We expected a Russian restaurant, but we went to a Ukrainian one. The Cheremosh Center near Portland was just over 140 miles away. The Cheremosh European Cafe boasts good food, but lacks a Russian-Ukrainian atmosphere. We were lucky to have such a chance.

We got a menu and started speaking English with the waitress. But she turned out to speak Russian. Gazing through the dishes' names, we laughed out loud, picked borsch, pelmeni and hot Russian tea (we were wondering what a special Russian sort of tea it was). Tea is not grown in Russia).

The borsch tasted as if we between tea at home and the one served in the restaurant: not grown in Russia). What: The Cheremosh European Cafe Where: 1614 So Mildred St. Tacoma, WA 98465 Accept reservations: Yes Phone: (253) 640-5470
Microsoft’s Zune versus Apple’s iPod

By Ray Quero
Ledger Writer

John Madden, the great football player, coach and announcer once said, “The only yardstick for success our society has is being a champion. No one remembers anything else.” Winning is the goal and now everything has an arch rival: Notre Dame vs. USC, Boston Red Sox vs. the New York Yankees, and UW vs. WSU. Rivalries don’t just stop at schools and sports, they’ve spread to the world of business.

Last November Microsoft unleashed its mp3 combatant Zune into the digital music playground to compete against the Apple Ipod. If you have money to spare you can compete against the Apple Ipod. If you have money to spare you can.

Microsoft Zune

Good:

- The Zune throws down with a nice 3 inch screen. The screen can be held vertical for those nice portrait pictures and turned horizontal to watch crystal clear movies. Now you might think that 3 inches is one small screen but when you’re viewing images and movies that small, the half inch the iPod lacks makes a huge difference.
- Microsoft also wanted the consumer to be able to individualize their Zune by adding a feature to have changeable backgrounds and changeable themes. Microsoft also implemented a neat wireless feature that allows you to transfer music and pictures to another Zune device. It also sports a built in FM radio tuner so when you get bored listening to your own songs, you can switch to radio mode and jam that way.
- The Zune Marketplace also holds a slight edge over the Ipod. Downloading songs is only 79 cents compared to the 99 cents on Itunes.

Bad:

- Zune has done its best to enter the mp3 digital play war but lacks many innovative features from Apple. The Zune doesn’t have the little features like a clock, games, stopwatch and calendar. These seem irrelevant which may be a reason why Microsoft didn’t implement these features, but for those who like to do more than just listen to their mp3 players, it’s a setback. Perhaps the most important thing that sets the Zune back is that it’s taken Microsoft forever to get it out in the world. The Ipod has been out for about four years now and they have had more time to get their mp3 player out at the right time and have more accessories to accommodate their consumers.
- Apple Ipod

Good:

- The Ipod may have a smaller screen but is thinner, smaller and lighter then its nemesis. It comes in at 4.8 ounces in comparison to Zune at 5.6 ounces. The smaller and lighter feel of the Ipod makes it feel more portable and a lot more comfortable to carry around. Both the Zune and Itunes marketplaces allow the user to download songs but at Itunes you’re able to download movies, TV shows, podcasts, and games at reasonable prices. The software that comes with Itunes gives you more variety of things to download which gives the Ipod more potential.

Shed unwanted holiday gains

By Todd Toner
Ledger Writer

Glazed ham, turkey, stuffing, mashed potatoes, gravy, green bean casserole, butter top rolls, Christmas cookies... the list goes on and on. All the calories you’ve been inured with over the holidays are slowly migrating to your waist. However, with the New Year comes new opportunities to make resolutions about your health and wellness – resolutions to lose the pounds you’ve packed on... resolutions to work out at the gym... resolutions to not be the morbidly obese friend that you’ve become since the holidays. Whichever reason you choose, the only effective way to shed excess pounds is to monitor your caloric intake and increase your activity level.

Since I can’t be there to hold your hand while you eat, and you probably wouldn’t want my advice on food as I haven’t figured that one out yet myself, I’ll at least get you started on my workout routine.

If you’ve read any of my previous articles about marathon training, then you know I’m not one to push you toward working too hard “wink wink, nudge nudge”... but this time I think we should go the distance. As always, consult with a physician or personal trainer before embarking on any exercise regimen. First, we’ll dedicate at most an hour five days a week. Here’s a basic framework of how you can set this up. Note for you party animals if you place my schedule right over a Monday through Sunday week, Friday falls on a day off so you won’t be worn out for evening carousing. Sadly, if you do too much on Friday night Saturday’s workout won’t be fun.

Five days a week:

Day 1 – Shoulders & Biceps (30 min.), Cardiovascular (30 min.)
Day 2 – Cardiovascular (30 min.), Abdominal (15 min.)
Day 3 – Legs; quadriceps, hamstrings and calves (30 min.)
Day 4 – Back & Triceps (30 min.), Abdominal (15 min.)
Day 5 – Rest
Day 6 – Chest & Bicep (30 min.), Cardiovascular (30 min.)
Day 7 – Rest
So there you have it a simple framework to get you started with minimal time commitment. Feel free to adjust the workout to fit your schedule and needs. Most importantly have fun and stick to it, there’s only ten months till we run into the holiday food deluge again.

A more in-depth version of this article can be found online at www.nwledger.com.

Lifestyle

January 11, 2007

Available for Short Stays?

Northwest Kinetics, a clinical research facility in the Northwest, is conducting an investigational research study that you may qualify for!

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Call to see if you qualify. Everything is confidential.

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Ray Quero / Ledger

Ray Quero / Ledger Writer

Screen may have a bigger screen and have a wireless feature, but the touch wheel patented by Apple is one of the most innovative features the iPod sports. Not only does iPod have more features- it also has more choices. If 30gb of memory is too much for you, step it down to an iPod nano, or an iPod shuffle and have a choice at all different colors.

Bad:

Despite all of Apple’s technology they failed to get the users more involved. iPod doesn’t allow music or pictures to be transferred from one device to another. Having this feature would be a money making feature especially with the amount of iPods in the market. With the Ipod the user does not have the ability to change the background or theme like the Zune. The iPod also does not sport an FM tuner radio. This may not seem like a big deal for most but for some, listening to the same old songs just gets a bit boring. The lightweight and thin design also makes the iPod feel more fragile and breakable. This means more money from the user has to be spent on device protecting accessories just to keep their iPod in good shape.
"untitled" by Todd Toner from Urban Decay Strolling

"Putin's Puzzle" by Masha Krupnova

"Blue Eyes" by Ray Quero
eboard2020.smugmug.com

Send artwork submissions to ledger@u.washington.edu